



CAPE COD STORY IDEAS



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Cape Cod: Arts, Historical and Cultural Mecca

Cape Cod was voted *America's #1 Arts Destination* by the readers of *AmericanStyle* magazine...and it is small wonder. Art galleries line our streets and byways, museums provide insights into the Cape's—and America's—historical, geographical and cultural roots. *Provincetown Art Association & Museum* celebrates its second century as the nation's oldest art colony. Our Cape light has drawn artists for nearly two centuries. Hear our Native American neighbors speak of centuries-old traditions and of their ancestors' way of life, arts and language. Listen to symphonic or theatrical performance at one of our dozens of venues. Celebrate Cape Cod's four centuries of architecture and endless miles of stone walls either by visiting our plethora of historic homesteads and societies or by taking a leisurely drive along Route 6A, the *Old King's Highway*—the nation's largest historic district, covering 70 miles and 380 years of American history and architecture. The arts and culture of Cape Cod celebrate the land, people and enduring history of this amazing peninsula.

Cape Cod's Passport to the Arts Makes Touring with Families More Affordable

The Arts Foundation of Cape Cod's *Passport to the Arts* offers two-for-one admissions, saving families one-half on admissions to select arts & culture venues on Cape Cod. In addition to this substantial savings, the Passport acts as a guide to some of the Cape's finest arts and cultural sights and attractions. From museums to theater, the well-rounded selection of venues provides a small glimpse of hundreds of available arts and cultural opportunities. There is so much more to Cape Cod than sun, sea and sand!

Cape Cod, On 'Par' With the Greatest Destinations on Earth (One of America's 'Top Ten' Golf Destinations)

Cape Cod is for serious golfers. On this beguiling peninsula, it's always time to play a round—or two. Winter and spring golfers visiting Cape Cod need not be obsessive-compulsive to fancy playing a full 18 holes—even in January. Cape Cod, blessed with a temperate climate and temperatures at least ten degrees warmer than the mainland (January's mean temperature is 37° F), is ranked in *Golf Digest's* 'top ten' U.S. golf destinations. The Cape is home to 27 public and 15 private golf courses, the country's fourth highest per capita. Here, winter golf is not just for stoics. And golfers could play on a different course every single day for more than a month without ever leaving the peninsula. No waiting for tee times, either. Golf Cape Cod - a true golfer's heaven.

Cape Cod ‘Soft’ Adventure—Hard to Beat, Impossible to Forget

Cape Cod soft adventure is not necessarily for softies. With rail trails and bike paths all around the Cape, visitors can work up quite a sweat while getting acquainted with the Cape—its flora and fauna, Canal, dunes, trails, villages and bowered byways. Hikers can experience the Cape’s “outback,” thousands of acres of unsullied terrain, much of which has never been trodden by humans. Die-hard windsurfers ply their craft at several Cape beaches all year long. Active visitors will find unique places to play and exercise year round—and all within sight of our shifting sands, stunning natural beauty and less than a few minutes’ drive from something else to do, somewhere to shop or a wonderful seafood meal.

Cape Cod Eco-Tourism: Observing and Preserving

Cape Cod’s fragile environment deserves special attention. Visitors to the Cape’s marshes, moors and heath—traversed by hiking or woodland trails—will revel in the Cape’s natural beauty. Marshes, secret ponds and springs, tidal flats and barrier beaches await your discovery. Kayak or canoe one of the Cape’s 365 kettle ponds, walk our more than 559.6 miles of shoreline or even fish our beaches all year long. *Cape Cod National Seashore*—43,557 benevolent acres set aside in 1961 and stretching from Monomoy Island off Chatham to Race Point in Provincetown—provides another perspective on the Cape. Interesting, informative and instructional ranger-led walks and excursions are available at the Seashore year-round. *Province Lands’* towering dunes are imaginatively showcased on dune tours—“outback” off-road tours of these sandy behemoths, desolate dune shacks and local wildlife. Running seasonally, such tours provide very different perspectives of Provincetown and the entire *Seashore’s* ecosystem.

Cape Cod—Stay and Play (A Diversity of Lodging Mirrors Diverse Experiences)

Cape Cod. The name evokes myriad images of quiet bays, long crescents of sandy beaches, the tang of salt air, and the aroma of sun tan lotion, salt water taffy and fried clams. Cape Cod is the only New England destination listed separately in the *AAA Tour Book* because of its surfeit of lodging options. The Cape features a wide array of lodging options for every type of visitor. For lovers, there are splendid, romantic country inns and bed & breakfasts—many housed in period buildings. These wonderful inns are to be found in nearly every Cape town, from the Canal to Provincetown. For families, there are hotels, motels and self-catering units, including rental cottages. Cape resorts provide lodging, dining and recreation all in one convenient spot—perfect for families, too.

Cape Cod’s All Wet—And Watersports Abound

Water lovers—Cape Cod is your kind of place. In addition to our 559.6 miles of stunning coastline, we also boast one pond for every day of the year, not to mention our marshes, rivers and estuaries. Whether your joy is fishing, riding the swells at Coast Guard Beach, kayaking, canoeing, motor boating, body surfing, shell collecting or doing handstands in the water, Cape Cod has a watery venue just for you. Denizens of the water will find there is a perfectly wet spot for them somewhere around this peninsula.

Cape Cod—More than Just Fried Clams and Salt Water Taffy

Fried clam lovers will delight in Cape Cod’s dozens of clam shacks. But Cape Cod’s culinary prowess hardly ends there. Far from it. With hundreds of miles of coast and several active fishing fleets, our seafood practically jumps to your table. Our Wellfleet oysters are world-renowned. And Cape Cod is home to hundreds of fabulous restaurants featuring as many cuisines as you can imagine—Asian, Chinese, French, Italian, Portuguese, Indian, to name a few. Whether you want to eat in cut-offs and blue jeans or a suit, Cape Cod has an appropriate spot. Many restaurants feature children’s menus, too, making them a perfect—and affordable—spot to treat the family to a great Cape meal. *Haute cuisine* your preference? Cape Cod has several dozen critically acclaimed restaurants where diners can delight to the culinary *legerdemain* of renowned chefs. Golden sunsets and golden arches both have a place on a Cape Cod holiday.

***If You Enjoy Long Stretches of Deserted Beach, You're Not Alone—
Although You Very Well Could Be***

Cape Cod is open all year. No question that our beaches rank among the nation's best, but have you ever walked a deserted beach during a snow storm? Or watched seals frolic on a jetty? Stake your claim to a wondrous crescent of beach and its azure waters—you could own it for a day. A visit to Cape Cod during its quiet seasons will reveal dozens of new reasons to visit. Like romancing your special someone fireside at a historic country inn, or taking a dramatic and compelling Provincetown dune tour followed by a hearty hot lunch. Shop, dine, cycle, jog, hike or vegetate—Cape Cod has a venue for every reason.

Bicycle Backroads and Bike Trails

Cape Cod's 399 square miles of terrain and 559.6 miles of coastline are idyllic locales for cyclists. And there are many wonderfully scenic bike trails throughout the Cape—a total of 106 miles in all. The granddaddy of them all is *Cape Cod Rail Trail* (one of the oldest trails in the country), which cuts a 26-mile path from South Dennis to Wellfleet. Falmouth's *Shining Sea Bikeway* (3.6 miles) connects with 24 miles of marked blacktop bike routes. Along the *Cape Cod Canal*, a 14-mile loop spans both of the waterway's banks. *Province Lands Trail*, a seven-mile undulating course, two-mile *Head of the Meadow Trail* and Eastham's *Nauset Trail*, both about two miles, are but a few of the many Cape trails. Add to these the splendid and unrelentingly scenic, bucolic byways of the Cape and you have all the makings of 'Bikeworld.' BYOB, rent one at one of Cape Cod's ubiquitous rental shops or borrow a loaner from your lodging.