

Act for Change !

Do you remember restaurants with smoking sections?

Hairspray with chlorofluorocarbons?

Cars full of children without car seats, or even seatbelts?

If you can remember any of those things, you can also remember the strong opposition to change that was felt by everyone who campaigned for improvements. We heard a lot about people's "individual rights" to indulge in the behavior they chose. Large corporations made dire predictions about the economic impact of banning certain chemicals. Restaurant and bar owners told us that a smoking ban would put them out of business. And we certainly heard about the financial hardship that would be created if parents were forced to have car seats for their young children. In many ways, the activists who worked for these and other changes had an advantage: a vocal opponent leads to a focused debate, and generates media coverage. For those of us concerned with recycling, the public reaction is, too often, "Oh, big deal." Or worse--the dead silence of indifference. In the same way that we champion people who lose weight on diets, but ignore people who simply try to eat well and exercise, we're willing to read about hybrid engines and green architecture, but we resist or ignore the many little changes each of us could make on a daily basis--the kinds of changes that create far greater and more lasting value than one more Prius on the road. This guide was created for the Cape Cod because we know that without the little changes

each of us can make, none of the flashier stuff will mean much. It's exciting to talk about wind energy and solar panels, but the better question is, what's happened to all of the plastic containers that came through your house last year? How many hazardous chemicals have you inadvertently thrown into your weekly trash, and what impact might they be having on our groundwater? How many more trees would survive if your waste paper was available for post-consumer recycling programs? Many of us chose to stay on the Cape, in part, because of the natural beauty we find here. And those of us who have been here for many years can tell you that the natural beauty we love has gotten harder to find as the population increases, and the infrastructure we rely on is strained to its capacity. We can't undo the damage that's happened, but we all have an opportunity--an obligation, really--to prevent further damage from occurring. Gandhi famously told us that "we must be the change we wish to see in the world." Don't just talk about your concern for the environment. Put your concern into action. Reduce. Reuse. Recycle. Use this guide, and share it with your friends. Help us to protect the place we all love, for ourselves and for future generations.

Thanks to Paul Hebert, the Executive Director of Champ Homes in Hyannis, MA. For the past fifteen years, Paul has worked to create a green Cape Cod. Paul's work is the inspiration for this guide.

This brochure is a project of the "Bottles and Cans" group of the 2007 Community Leadership Institute of the Cape and Islands. For more information, visit www.clicapecod.org

Cape Cod Recycles



**A Guide to Recycling
on Cape Cod, Massachusetts**

Recycling Info for Cape Cod Towns

Town	Address 1	Hours	Phone	Website
Bourne	201 Macarthur Blvd.	Mon-Fri 7-4	800-800-6881	www.townofbourne.com
Falmouth	Thomas Landers Rd.	Tue-Sat 8:15-3:30	508-548-7611	www.town.falmouth.ma.us
Sandwich	500 Route 130	Tue 8-8; Wed-Sun 8-4	508-833-8002	http://www.sandwichmass.org
Mashpee	350 Meetinghouse Rd.	Mon-Fri 7:30-3:30	508-539-1420	www.ci.mashpee.ma.us
Barnstable	45 Flint St.	Every day 7:30-3:30	508-420-2258	www.town.barnstable.ma.us
Yarmouth	600 Forest Rd.	Wed-Sun 10-2	508-760-4870	www.yarmouth.ma.us
Dennis	120 Theophilus Smith Rd.	Every day 8-4 (Winter closed Tue & Thur)	508-394-4389	www.town.dennis.ma.us
Harwich	Queen Anne Rd.	Every day 8-4	508-430-7558	www.harwichtransfer.com
Brewster	201 Run Hill Rd.	Thur-Mon 8-3	508-896-3212	www.town.brewster.ma.us
Orleans	Lots Hollow Rd.	Fri-Tue 7:30-3	508-240-3770	www.town.orleans.ma.us
Chatham	97 Sam Ryder Rd.	Every day 8-4 (Winter closed wed)	508-945-5156	www.town.chatham.ma.us
Eastham	555 Old Orchard Rd.	Fri-Wed 7:30-4 (Winter closed Thur & Fri)	508-240-5973	www.eastham-ma.gov
Wellfleet	370 Coles Neck Rd.	Every day 8-4 (Winter closed Wed & Thur)	508-349-0315	www.wellfleetma.org
Truro	Route 6	Every day 7:30-3 (Winter closed Mon & Tue)	508-349-6339	www.truro-ma.gov
Provincetown	24 Race Point Rd.	Every day 7-2 (Winter closed Sun & Mon)	508-487-7076	www.provincetowngov.org

CATEGORIES OF RECYCLABLE PLASTICS

Towns are required to recycle category 1 and 2.

1. POLYETHYLENE – I.E SODA BOTTLES, LIGHTWEIGHT PLASTIC
2. -HIGH DENSITY POLYETHYLENE – I.E. MILK BOTTLES, LAUNDRY DETERGENT BOTTLES,
3. -POLYVINYL CHLORIDE-I.E. WATER JUGS, SHAMPOO BOTTLES
4. -LOW DENSITY POLYETHYLENE-I.E GROCERY BAGS,BREAD BAGS
5. -PLASTIC POLYPROPYLENE-I.E. BOTTLE CAPS, YOGURT CONTAINERS
6. -POLYSTYRENE-I.E STYROFOAM TAKE OUT CONTAINER
- 7-. OTHER-I.E MICROWAVE WARE

Community Resources On Cape Cod

The Following Community Organizations have recycling programs:

Upper Cape:

Falmouth Service Center, Falmouth, MA 508-548-2794

Mid Cape:

Champ Homes, Hyannis, MA 508-771-0885

Lower Cape:

Harwich Family Pantry, Harwich, MA 508-432-6519

Many town transfer stations have redemption centers and donate proceeds to small local non-profit organizations.